

一、人格完成に努むること
hitotsu, jinkaku kansei ni tsutomuru koto
Seek the perfection of character

一、誠の道を守ること
hitotsu, makoto no michi wo mamoru koto
Protect the way of the truth – be faithful & sincere

一、努力の精神を養うこと
hitotsu, doryōku no seishin wo yashinau koto
Each endeavour – foster the spirit of effort

一、礼儀を重んずること
hitotsu, reigi wo omonzuru koto
Respect the rules of etiquette

一、血気の勇を戒むること
hitotsu, kekki no yū wo imashimuru koto
Refrain from violent behaviour – practice self-control